

Travel Packing Guide

We've been planning winter class trips since 1988, so we know a thing or two about preparing for the weather. This guide will help you travel light and stay toasty. Win-win!

In a nutshell, there are three essential keys to being effectively equipped for active winter travel:

* Warm

* Waterproof

* Breathable



A NOTE ON WOOL

While wool is very warm, it also doesn't breathe. So if you're covered in wool, and you're moving around a lot (trust us, you will), you're going to sweat. A lot. And like any liquid, sweat cools. Before long, you're in sub-zero temperatures covered in wet, cold wool. Shivering yet? That's why we recommend fleece and/or synthetic for fabrics, instead.

OUTDOOR GEAR

- One insulated, water-resistant winter jacket (hood preferable)
- One pair of insulated, water-resistant snow pants
- At least one fleece or synthetic mid-layer
- At least one pair of breathable long john bottoms
- At least one breathable long john top
- At least one fleece or synthetic hat that covers your ears
- One pair of waterproof, insulated gloves (we like to go for mittens!)
- At least one pair of thinner, insulated gloves for backup and/or additional layering
- One fleece or synthetic scarf or neck-warmer
- One pair of waterproof, insulated boots
- At least three pairs of insulated socks
- Sunglasses (you'd be surprised how blinding snow can be on a clear day!)
- Sunscreen
- Lip balm
- Water bottle

Teach Your Students How to #Winterize in French with [this video!](#)



OVERNIGHT TRIP

Remember to pack everyday essentials like toiletries, indoor clothing, pajamas, and teacher-approved personal effects.

ATTENTION STUDENTS AND PARENTS:

While this guide will prepare you for all measures of winter travel, we strongly recommend that you consult your teacher or chaperone for additional packing instructions for you, such as travel documentation, identification, and travel money.

